

EXECUTIVE SUMMARY

Healthy California 2010: Progress in Achieving Healthy People 2010 Objectives, 2000-2005

One of the most compelling lessons learned from monitoring and tracking California's progress in achieving the *Healthy People 2000* objectives was that although dramatic progress has been made in many areas, we still had a long way to go toward realizing the goals of increasing the span of healthy life, reducing health disparities, and achieving access to preventive services for all Californians.

Healthy People 2010: Understanding and Improving Health provides us with an agenda for addressing these and other new health issues, reversing unfavorable trends, and expanding on past achievements in disease prevention and health promotion. As a focused research and planning instrument, *Healthy People 2010* (HP2010) is designed to achieve two overarching goals: 1) to increase quality and years of healthy life; and 2) to eliminate health disparities.

This progress report summarizes 72 health objectives in 15 Focus Areas. Objectives included in this report were selected on the basis of the availability of data and its comparability with the operational definitions for each HP2010 objective. Since less than 15% of the total number of objectives are included in this reporting, and since many of the Focus Areas are not represented, any characterization of California's progress should be qualified accordingly.

The *Healthy People 2010* objectives monitored by this report are summarized on the following pages, showing the HP2010 target, the latest statewide rate for California, and whether the objective is being achieved for all Californians and for selected subpopulations by gender and by race-ethnicity.

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Healthy People 2010 objectives achieved for the total California resident population as of 2005 include reductions in:

1-9a	Pediatric asthma hospitalizations
1-9c	Pneumonia and influenza hospitalizations (ages 65 & older)
2-10	Vertebral fracture hospitalizations (ages 65 & older)
3-2	Lung cancer deaths
3-6	Oropharyngeal cancer deaths
3-7	Prostate cancer deaths
12-1	Coronary heart disease deaths
15-28b	Hip fracture hospitalizations (males aged 65 & older)
16-2b	Child deaths (ages 5-9)
16-3a	Adolescent deaths (ages 10-14)
16-5a	Complications of hospitalized labor and delivery
16-11b	Preterm births (32-36 completed weeks gestation)
24-2a	Asthma hospitalizations (ages under 5)
24-2b	Asthma hospitalizations (ages 5-64)

Objectives not achieved, but moving toward the HP2010 target include:

1-1	Health insurance coverage for persons under age 65
3-1	All cancer deaths
3-3	Female breast cancer deaths
3-4	Cervical cancer deaths
3-5	Colorectal cancer deaths
12-6a-c	Congestive heart failure hospitalizations
12-7	Stroke deaths
13-14	HIV infection deaths
14-17	Peptic ulcer hospitalizations
15-28a	Hip fracture hospitalizations (females aged 65 & over)
16-6a	Early prenatal care
26-2	Cirrhosis deaths

Objectives not achieved, and moving away from the HP2010 target include:

15-1	Nonfatal head injury hospitalizations
15-8	Poisoning deaths
15-13	Unintentional injury deaths
15-27	Fall-related deaths
16-9a	Primary Cesarean section deliveries among low-risk births
16-10a,b	Low birth weight and very low birth weight births
16-11a	Preterm births (<37 weeks gestation)
24-2c	Asthma hospitalizations (ages 65 & over)
26-3	Drug-induced deaths

Healthy California 2010 Progress Review: 2000-2005

Healthy People 2010 Objective		HP2010 Target Rate	Latest Statewide Rate	Latest Data Year	Trend (all races, both sexes)	Objective Achieved ?										
						Statewide	Females	Males	AA/B	AI/AN	A/PI	Asian	NHOPI	H/L	WH	MULTI
1-1	Health insurance coverage	100.0	84.2	2003	n/a	No ↑	No ↑	No ↑	No	No	DNA	No ↑	DNA	No ↑	No	No
1-9a	Pediatric asthma hospitalizations	17.3	12.1	2005	Sig. -	Yes	Yes	Yes	No ↑	Yes	Yes	DNA	DNA	Yes	Yes	DNA
1-9b	Uncontrolled diabetes hospitalizations	5.4	5.5	2005	ns	No	Yes	No	No ↑	Yes	Yes	DNA	DNA	Yes	No ↓	DNA
1-9c	Pneumonia & influenza hospitalizations (Ages 65+)	8.0	4.4	2005	ns	Yes	Yes	Yes	Yes	DSU	Yes	DNA	DNA	Yes	Yes	DNA
2-10	Vertebral fracture hospitalizations (Ages 65+)	14.0	13.7	2005	Sig. +	Yes	No ↓	Yes	Yes	DSU	Yes	DNA	DNA	Yes	No ↓	DNA
3-1	All cancer deaths	158.6	160.6	2004	Sig. -	No ↑	Yes	No ↑	No ↑	Yes	DCS	Yes	No	Yes	No ↑	Yes
3-2	Lung cancer deaths	43.3	40.6	2004	Sig. -	Yes	Yes	No ↑	No ↑	Yes	DCS	Yes	No	Yes	No ↑	Yes
3-3	Female breast cancer deaths	21.3	22.6	2004	Sig. -	No ↑	No ↑	-----	No	DSU	DCS	Yes	DSU	Yes	No ↑	DSU
3-4	Cervical cancer deaths	2.0	2.3	2004	Sig. -	No ↑	No ↑	-----	No ↑	DSU	DCS	No	DSU	No	Yes	DSU
3-5	Colorectal cancer deaths	13.7	15.5	2004	Sig. -	No ↑	No ↑	No ↑	No	Yes	DCS	Yes	DSU	Yes	No ↑	Yes
3-6	Oropharyngeal cancer deaths	2.4	2.4	2004	ns	Yes	Yes	No	No	DSU	DCS	Yes	DSU	Yes	Yes	DSU
3-7	Prostate cancer deaths	28.2	22.4	2004	Sig. -	Yes	-----	Yes	No ↑	DSU	DCS	Yes	DSU	Yes	Yes	DSU
3-8	Melanoma cancer deaths	2.3	2.4	2004	ns	No	Yes	No	DSU	DSU	DCS	DSU	IND	Yes	No	DSU
4-1	End-stage renal disease cases	221.0	359.0	2004	ns	No	No	No	No	No ↑	DNA	No	DNA	No	No	DNA
5-5	Diabetes-related deaths	46.0	82.3	2003	n/a	No	No	No	No	No	DCS	No	No	No	No	Yes
8-1a	Persons exposed to harmful air pollutants (O ₃)	0.0	92.8	2004	n/a	No	-----nonattainment areas in 35 counties-----									
8-1b	Persons exposed to harmful air pollutants (PM ₁₀)	0.0	57.2	2004	n/a	No	-----nonattainment areas in 15 counties-----									
8-1c	Persons exposed to harmful air pollutants (CO)	0.0	43.0	2004	n/a	No	-----nonattainment areas in 4 counties-----									
12-1	Coronary heart disease deaths	162.0	155.2	2004	Sig. -	Yes	Yes	No ↑	No ↑	Yes	DCS	Yes	No	Yes	No ↑	Yes
12-6a	Congestive heart failure hospitalizations (Ages 65-74)	6.5	7.9	2005	Sig. -	No ↑	No ↑	No ↑	No ↑	Yes	Yes	DNA	DNA	No ↑	No ↑	DNA
12-6b	Congestive heart failure hospitalizations (Ages 75-84)	13.5	16.8	2005	Sig. -	No ↑	No ↑	No ↑	No	Yes	Yes	DNA	DNA	No ↑	No ↑	DNA
12-6c	Congestive heart failure hospitalizations (Ages 85+)	26.5	29.9	2005	Sig. -	No ↑	No ↑	No ↑	No ↑	Yes	Yes	DNA	DNA	No ↑	No ↑	DNA
12-7	Stroke deaths	50.0	53.3	2004	Sig. -	No ↑	Yes	No ↑	No ↑	Yes	DCS	Yes	No	Yes	No ↑	Yes
13-14	HIV deaths	0.7	3.8	2004	Sig. -	No ↑	No	No ↑	No ↑	DSU	DCS	Yes	DSU	No	No ↑	DSU
14-17	Peptic ulcer hospitalizations	46.0	52.7	2005	Sig. -	No ↑	Yes	No ↑	No ↑	Yes	No ↑	DNA	DNA	No ↑	No ↑	DNA
15-1	Nonfatal head injury hospitalizations	45.0	70.8	2005	Sig. +	No ↓	Yes	No ↓	No	Yes	Yes	DNA	DNA	No	No ↓	DNA
15-2	Nonfatal spinal cord injury hospitalizations	2.6	3.9	2005	ns	No	Yes	No	No	DSU	Yes	DNA	DNA	No ↑	No	DNA
15-3	Firearms-related deaths	3.6	9.1	2004	ns	No	Yes	No	No	No	DCS	Yes	DSU	No	No	Yes
15-5	Nonfatal firearm-related injury hospitalizations via ER	8.6	12.4	2005	ns	No	Yes	No	No	DSU	Yes	DNA	DNA	No	Yes	DNA
15-8	Poisoning deaths	1.5	9.3	2004	Sig. +	No ↓	No ↓	No	No	No	DCS	No	DSU	No	No ↓	No
15-9	Suffocation deaths	3.3	3.6	2004	ns	No	Yes	No	No	DSU	DCS	No	DSU	Yes	No	DSU
15-13	Unintentional injury deaths	17.1	29.6	2004	Sig. +	No ↓	No ↓	No ↓	No	No	DCS	Yes	No	No	No ↓	Yes
15-15a	Motor vehicle crash deaths	8.0	11.7	2004	ns	No	Yes	No	No	No	DCS	No	DSU	No	No ↓	Yes
15-16	Pedestrian deaths	1.0	2.0	2004	ns	No	No	No	No	DSU	DCS	No ↓	DSU	No	No	DSU
15-25	Residential fire deaths	0.2	0.6	2004	ns	No	No	No	No	No	DCS	No	DSU	No	No	No
15-27	Fall-related deaths	3.3	4.8	2004	Sig. +	No ↓	No	No	No	DSU	DCS	No ↓	DSU	No	No	DSU
15-28a	Hip fracture hospitalizations (Females, Ages 65+)	416.0	740.5	2005	Sig. -	No ↑	No ↑	-----	Yes	Yes	Yes	DNA	DNA	No ↑	No ↑	DNA
15-28b	Hip fracture hospitalizations (Males, Ages 65+)	474.0	405.3	2005	ns	Yes	-----	Yes	Yes	DSU	Yes	DNA	DNA	Yes	No	DNA
15-29	Drowning deaths	0.7	1.1	2004	ns	No	Yes	No	No	DSU	DCS	No	No	No	No	DSU
15-32	Homicide deaths	2.8	6.7	2004	ns	No	Yes	No ↓	No	DSU	DCS	No	DSU	No	No	No

Healthy California 2010 Progress Review: 2000-2005, cont'd.

Healthy People 2010 Objective		HP2010 Target Rate	Latest Statewide Rate	Latest Data Year	Trend (all races, both sexes)	Objective Achieved ?										
						Statewide	Females	Males	AA/B	AI/AN	A/PI	Asian	NHOPI	H/L	WH	MULTI
16-1c	Infant deaths	4.5	5.3	2003	n/a	No	No	No	No	DSU	DCS	Yes	DSU	No	Yes	Yes
16-1f	Infant deaths due to birth defects	0.7	1.3	2003	n/a	No	No	No	No	DSU	DCS	No	DSU	No	No	DSU
16-1g	Infant deaths due to congenital heart & vascular defects	0.23	0.37	2003	n/a	No	No	No	DSU	DSU	DCS	No	DSU	No	No	DSU
16-1h	Infant deaths due to sudden infant death syndrome	0.23	0.32	2003	n/a	No	No	No	No	DSU	DCS	DSU	DSU	Yes	No	DSU
16-2a	Child deaths (Ages 1-4)	20.0	25.6	2004	ns	No	No	No	No	DSU	DCS	No	DSU	No	No	DSU
16-2b	Child deaths (Ages 5-9)	13.0	12.9	2004	ns	Yes	Yes	No	No	DSU	DCS	No ↓	DSU	Yes	No	DSU
16-3a	Adolescent deaths (Ages 10-14)	16.5	15.1	2004	ns	Yes	Yes	No	No	DSU	DCS	Yes	DSU	Yes	Yes	DSU
16-3b	Adolescent deaths (Ages 15-19)	38.0	56.5	2004	ns	No	Yes	No	No	DSU	DCS	No	DSU	No	No	Yes
16-3c	Young adult deaths (Ages 20-24)	41.5	82.4	2004	ns	No	Yes	No	No	DSU	DCS	No	DSU	No	No	No
16-4	Maternal deaths due to obstetric causes	4.3	11.7	2004	ns	No	No	----	DSU	DSU	DCS	DSU	IND	No	DSU	IND
16-5a	Hospitalized labor & delivery complications	24.0	15.3	2005	ns	Yes	----	----	Yes	Yes	Yes	DNA	DNA	Yes	Yes	DNA
16-6a	Early prenatal care	90.0	85.8	2005	Sig. +	No ↑	----	----	No ↑	No	DCS	No ↑	No ↑	No ↑	No	No ↑
16-9a	Primary Cesarean sections among low-risk births	15.0	26.3	2005	Sig. +	No ↓	----	----	No ↓	No ↓	DCS	No ↓	No ↓	No ↓	No ↓	No ↓
16-9b	Repeat Cesarean sections among low-risk births	63.0	94.2	2005	ns	No	----	----	No	No	DCS	No	No	No	No	No
16-10a	Low birth weight births	5.0	6.9	2005	Sig. +	No ↓	No ↓	No ↓	No ↓	No	DCS	No ↓	No ↓	No ↓	No ↓	No ↓
16-10b	Very low birth weight births	0.9	1.24	2005	Sig. +	No ↓	No	No ↓	No	No	DCS	No	No	No ↓	No	No
16-11a	Preterm births (< 37 completed weeks gestation)	7.6	10.8	2005	Sig. +	No ↓	No	No ↓	No	No	DCS	No ↓	No	No ↓	No ↓	No ↓
16-11b	Preterm births (32-36 completed weeks gestation)	6.4	5.6	2005	Sig. +	Yes	Yes	Yes	No	Yes	DCS	Yes	Yes	Yes	Yes	Yes
16-11c	Very preterm births (< 32 completed weeks gestation)	1.1	1.7	2005	ns	No	No	No	No	No	DCS	No	No	No ↓	No ↓	No
18-1	Suicide deaths	4.8	9.4	2004	ns	No	Yes	No	No	DSU	DCS	No	DSU	Yes	No	No
19-2	Obesity prevalence (Ages 20+)	15.0	20.9	2003	n/a	No	No	No	No	No	DCS	No	No	No	No	No
24-1a	Asthma deaths (Ages Under 5)	0.9	DSU	2004	n/a	DSU	DSU	DSU	DSU	IND	DCS	DSU	IND	DSU	DSU	IND
24-1b	Asthma deaths (Ages 5-14)	0.9	DSU	2004	n/a	DSU	DSU	DSU	DSU	IND	DCS	DSU	IND	DSU	DSU	DSU
24-1c	Asthma deaths (Ages 15-34)	1.9	3.7	2004	ns	No	DSU	No	DSU	DSU	DCS	DSU	IND	DSU	DSU	DSU
24-1d	Asthma deaths (Ages 35-64)	8.0	12.0	2004	ns	No	No ↑	No	No	DSU	DCS	DSU	IND	Yes	No ↑	DSU
24-1e	Asthma deaths (Ages 65+)	47.0	56.9	2004	Sig. -	No	No ↑	Yes	DSU	DSU	DCS	No	DSU	Yes	No	IND
24-2a	Asthma hospitalizations (Ages under 5)	25.0	24.6	2005	Sig. -	Yes	Yes	No ↑	No ↑	Yes	Yes	DNA	DNA	Yes	Yes	DNA
24-2b	Asthma hospitalizations (Ages 5-64)	7.7	6.7	2005	Sig. -	Yes	No	Yes	No ↑	Yes	Yes	DNA	DNA	Yes	Yes	DNA
24-2c	Asthma hospitalizations (Ages 65+)	11.0	22.0	2005	Sig. +	No ↓	No ↓	No ↓	No ↓	Yes	No	DNA	DNA	No ↓	No ↓	DNA
24-10	Chronic obstructive pulmonary disease deaths	62.3	106.5	2004	ns	No	No	No ↑	No	No	DCS	Yes	DSU	Yes	No	Yes
26-2	Cirrhosis deaths	3.2	10.6	2004	Sig. -	No ↑	No	No ↑	No ↑	No	DCS	No	DSU	No ↑	No ↑	DSU
26-3	Drug-induced deaths	1.2	10.2	2004	Sig. +	No ↓	No ↓	No	No	No	DCS	No	DSU	No	No ↓	No

NOTES:

Yes	Objective being achieved according to latest available data	Sig. +	Statistically significant increase in rates	AA/B	African American/Black
No	Objective not currently being achieved according to latest available data	Sig. -	Statistically significant decrease in rates	AI/AN	American Indian/Alaska Native
DSU	Data statistically unreliable (small number of events, RSE => 23%)	ns	No significant trend	A/PI	Asian/Pacific Islander
DNA	Data not available	n/a	Five years of reliable trend data not available	NHOPI	Native Hawaiian/Other Pacific Islander
DCS	Data compiled separately (for Asians and for Pacific Islanders)			H/L	Hispanic/Latino
----	Not applicable to this objective	↑	Trend moving toward HP2010 target	WH	White
IND	Indeterminant (based on zero reported events)	↓	Trend moving away from HP2010 target	MULTI	Multiracial